THE PULSE

NEWS OF THE NEW ENGLAND DEACONESS HOSPITAL

VOLUME VIII, NO. 1 JANUARY, 1954

MR. LOWRY ASSUMES NEW POST

Bishop John Wesley Lord, President of the Hospital, and Mr. Francis W. Capper, Chairman of the Executive Committee, recently announced the election of Mr. Lowry to the office of Executive Director. Dr. Cook, who has completed twenty-five years in that post, has now assumed the work of Executive Consultant in charge of the hospital's fund raising activities.

Our new executive director was introduced to the hospital administrative field through his army career. During the four years he served in the army, Mr. Lowry set up an X-Ray Department and ran an X-Ray Technician's School at Camp San Luis Obispo, California; helped activate some 20 hospitals in New Orleans to go overseas; spent two years in the South Pacific as a Captain in the Medical Administrative Corps (Australia, New Guinea, Netherlands East Indies, Philippines); and during his last year, was an Adjutant in an Evacuation Hospital in the Philippine operations.

With all the pressing business of directing an internationally-known hospital, Mr. Lowry still finds time to be an active member of his community. He makes his home in Westwood with his wife and three sons: Don, a sophomore at Brown; David, a junior at Westwood High School; and Steven, aged five. He is Warden of St. John's Episcopal Church in Westwood, a member of the the Brookline Rotary Club, the American Hospital Association, the Massachusetts Hospital Association, and a nominee of the American College of Hospital Administrators.

Mr. Lowry was born on a Nebraska farm. While a high-school student, he worked 40 hours a week in the corner drug store, and still found time to be on his school debating team. Before leaving for California and Sacramento College, he worked in commercial photography, which has since become his favorite hobby. At Sacramento College he studied engineering, and after graduation went into the insurance business. Then followed a venture in commercial refrigeration. Mr. Lowry entered the army in March, 1941, his name being the second one to be drawn from the famous fishbowl.

CONGRATULATIONS are offered to newly elected Executive Director Robert D. Lowry, center, by Dr. Warren Cook and Mr. Francis Capper.

When he can take time from his busy schedule, Mr. Lowry enjoys fishing and bowling as well as photography. He has traveled extensively in the United States, and has visited Canada and Mexico.

Mr. Lowry has been Assistant Director of the Deaconess for seven years prior to his election as Executive Director.

When Dr. Cook assumed directorship in August, 1929, the Deaconess was a 225 bed institution; it now has 375 beds. In 1929, the total worth of the hospital was $1,800,000; its worth today is in excess of $9,000,000.

The son of a Methodist minister, Dr. Cook was raised in Kansas. As a youth, he was determined to go to college, but it was necessary for him to earn his own way. His first job was that of chore boy for three sisters who ran a college boarding house. The work involved chopping and splitting wood for the fireplace (which he still likes to do), caring for the stock and milking the cows. Later, he was promoted to waiter, but he still received the same pay — his meals, in the kitchen. The enterprising young student was able to clothe himself by representing a large clothing store in a neighborhood city.

During his college career, Dr. Cook played baseball. He pitched for a professional ball club in Kansas City (the Kansas City Blues) one summer and returned to college to coach his team, in return for free tuition.

He interruped his college education to teach school for a year. During his last year at College, Dr. Cook preached

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THE PULSE

JANUARY, 1954
NEW ENGLAND DEACONESS HOSPITAL
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NEW HEADQUARTERS FOR PR

The Public Relations office is once again open for business. We have hung our shingle in the Sunparlor on Deaconess I. Come in and get acquainted. We welcome any and all news items.

Miss Beryl R. Stern is the newly appointed Acting Director of Public Relations. A graduate of Boston University, College of Liberal Arts, Miss Stern was formerly associated with World University Service as a traveling representative, and later with the Citizens Committee for Educational Television. Her most recent work was in the 1954 United Red Feather Campaign where she was assistant to the Press Director.

A MESSAGE FROM FORMOSA

The Holiday Season brought hundreds of messages of thanks to the staff and the hospital from many parts of the world. One letter, which we are reprinting in part, was sent to Dr. Cattell by a member of the government of the Republic of China in Formosa. It expresses a parent's gratitude for the special care and kindness shown his daughter while she was a patient at our hospital. Mr. Chen has written:

"Your distinguished medical achievement together with the most generous consideration to your patients have always commanded from people near and far their heart-felt admiration of which we and Lily shall have a life-time share. Our respect and indebtedness for such an outstanding career could hardly be expressed in full by any spoken language. Being so humble in resource and capability as we are at the moment, we might not be able to reciprocate directly the great favour you have done for us. But in a liberal sense, we wish to offer whatever in us to people who may in time need our help with the same enthusiasm and full-hearted devotion as you have so nobly manifested in Lily's case. The spirit of Christianity in your action has created in our mind not only impression but also resonance. We are also very deeply grateful to the management and nurses of New England Deaconess Hospital for their most invaluable assistance rendered to Lily."

CHURCHES AID X-RAY FUND. A check from the Women's Societies of Christian Service of the Methodist Churches of New England was presented to Bishop John Lord by Mrs. Sheldon Wardwell, president of the Friends of the Deaconess. The $1000 check for the X-Ray Fund represents contributions from 175 churches.

NEW ADMINISTRATOR AT LAHEY CLINIC

Dr. James E. Fish, director of the Ellis Hospital in Schenectady, New York, for the past eight years, has become the administrator of the Lahey Clinic.

A graduate of Harvard University and Harvard Medical School, Dr. Fish practiced in his home town of Melrose, Massachusetts, following internship and residency in Boston. During a four year army career, he was chief of surgical service of the North Sector General Hospital in Hawaii.

Dr. Fish, a fellow of the American College of Surgeons, is a professor of medical administration at the Albany, N. Y. Medical College, and president of the New York Hospital Association.

BOWLING SCORES
January 20, 1954

Team No.		*Points*
9	Mr. Spaulding	36
3	Mr. Sabine	34
6	Mr. Fisher	34
7	Miss Hankinson	34
8	Lowry's Lefties	33
10	Mr. Bettinelli	30
1	Dr. Cook	29
4	Mr. Emery	27
5	Miss Nihart	23
2	Miss Newton	19
High Singles for January 20		
	Jean Gordon	109
	Sam Marotta	108
High Singles for the Year		
	Heather Stykolt	112
	Sam Marotta	124
High Three-String Totals for the Year		
	Arlene Hunt	304
	Charles Schraub	327
High Average for the Year		
	Arlene Hunt	90
	Charles Schraub	97.4

AN OUNCE OF PREVENTION

Dr. Brownlee has called to our attention that, as is usual for this time of year, there has been a rash of ski accidents causing disability. "We encourage people to have a good time skiing," says Dr. Brownlee, "but it is important to learn to ski under control."

The ability to control your skis is the result of proper training. Like any skill involving speed, you must learn to check your speed, turn, or come to a quick stop. Everyone should take advantage of the lessons offered by competent instructors at all major ski areas. "In skiing, speed is the thrill, but control is the art."

It is interesting to note that the two highpoints for frequency of accidents are the first run in the morning and the last run in the late afternoon. In the morning, you are not limbered up enough and might easily lose control. To avoid this, proper warming up is essential. This may be accomplished by walking around on your skis or by taking a practice run on a beginner's slope. In the late afternoon, chances of accidents are greater because it is darker and colder, and the skier is tired. The wisest thing is to skip that "one last run."

Equipment is another important factor in avoiding accidents. Boots must be properly fitted for size, sturdiness and support. Skis should be the proper length. Bindings are a crucial factor. The ordinary type of toe-iron binding does not provide for any type of release in a fall, and a severe twist might result in a sprain or broken bone. The "safety" or "release binding," on the other hand, is designed to keep the ski on securely and tightly, but will allow the foot to slip free, given a certain amount of twist in a fall.

Finally, remember that skiing beyond one's ability is inviting disaster. Proper training is your insurance in preventing accidents.

SHOP 'N SAVE

Excellent values at bargain prices are offered to all hospital personnel and others at the Thrift Shop. Now conveniently located on the ground floor of Harris Hall, with a private entrance on Pilgrim Road, the Shop is well stocked with worthwhile items.

Imagine buying a dress for $2.00 or a coat for $4.00! There are clothes for men and women, household articles, accessories, stationery, and numerous other things, all in excellent condition.

The Shop is under the able direction of Miss Edith Wright, and clothes are donated by the Friends of the Deaconess. Hours are Wednesday, 10:00-2:00; and Friday, 12:00-3:30.

ROBERT D. LOWRY

NAMED EXECUTIVE DIRECTOR

The following news will be released to the press on Sunday, December 27, 1953:

Bishop John Wesley Lord, President of the New England Deaconess Hospital, and Mr. Francis Capper, Chairman of the Executive Committee of the hospital's Board of Trustees, have announced the election of Mr. Robert D. Lowry to the office of Executive Director effective January 1st, 1954. Mr. Lowry succeeds Dr. Warren F. Cook who has completed twenty-five years in that post and who, on January 1st, will assume the work of Executive Consultant in charge of the hospital's fund-raising activities.

MR. LOWRY ASSUMES NEW POST

(*Continued from Page* 1)

in Lawrence, Kansas, while studying at the State University there.

His first pastorate in the east was at Middlefield, Connecticut, where he combined his work with theological studies at Yale. He subsequently held pastorates at Hartford while studying at Hartford Seminary, in Bensenhurst, N. Y. while attending Union Theological Seminary, and was later called to the First Methodist Church in New Britain, where he remained for five years.

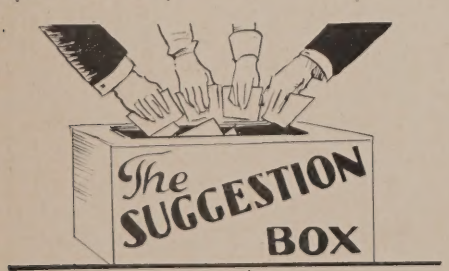
During World War I, Dr. Cook went to France with a group of special speakers for the YMCA. On his return, he was called to the First Methodist Church in Montclair, N. J.

Dr. Cook's interest in the New York Methodist Hospital, while serving on the Social Service Committee of the New Jersey Conference, resulted in his introduction to the field of hospital administration. He was asked by the Board of Trustees to serve as assistant to the administrator of the Hospital. He remained there for six years before his appointment to the Deaconess.

A busy executive and an active community participant, Dr. Cook makes his home in Waban. He is a member of the Boston Rotary Club and the Brae Burn Country Club. A former regent of the American College of Hospital Administrators, he is also a past president of the Massachusetts Hospital Association and the New England Hospital Assembly.

An enthusiastic golfer, Dr. Cook also plays tennis and enjoys bowling.

Mrs. Cook is a very active member of the Friends of the Deaconess, and can often be seen at work in the Coffee Shop. Daughter Pam, a talented musician and a student at Bennington College, is now doing her co-op work here at the Hospital. Son Chris is a senior at Wesleyan University.



AWARDS

Congratulations to the following people who have received $5.00 awards for their suggestions: Mrs. Beryl Paine, Librarian; Melva R. Osborne, Nursing; and Elmer A. Pederson, Maintenance.

Can you use $5.00? Be sure to leave your suggestions and ideas in the Suggestion Box in the cafeteria.

WATCH YOUR HEALTH BULLETIN BOARD! Mrs. Irene Quinn (second from left), Health Coordinator, shows hospital employees the pamphlets of healthful hints that are available to everyone at the bulletin board.

THE SHAPE OF THINGS TO COME

A new theory of dieting without hunger pangs was discussed by Miss Margaret Frank, assistant director, New England Dairy and Food Council, on January 19th.

Addressing a large group of hospital personnel, Miss Frank said, "Remember that the further your waist-line expands, the shorter your life-line becomes. Bring your waist-line in line with your life line!"

The diet was developed and used in a year's research program in Michigan State College Foods and Nutrition Department. It differs from the usual diet advised for reduction in that a larger breakfast and more fat are allowed. These features are the ones which control the appetite during the day.

A typical daily bill-of-fare would include fruit, a slice of buttered toast, two eggs and three-quarters of a glass of whole milk for breakfast; a large serving of meat, about two-thirds lean and one-third fat, fruit or vegetable and milk for lunch. Dinner would include similar servings of meat and vegetables and fruit and the same amount of milk.

A film called "Weight Reduction Through Diet" was also shown at the meeting.

All those interested in the Hospital Weight Control Program, whether it is to put on or take off weight, should see Mrs. Quinn in the First Aid Room.

DR. COOK ATTENDS MEETING

Dr. Cook recently attended a meeting of the Government Relations Council of the American Hospital Association in Washington, D. C. The main topics at the meeting were "Government Health Insurance and Voluntary Prepayment Plans and Insurance" and a discussion of the Moulton Commission, Citizens' Advisory Commission on Medical Care of Dependents of Military Personnel.

PATIENT'S VIEW

A young South African woman recently traveled 7000 miles from her home to the Deaconess where she was operated on for a gall bladder condition. Her physician in South Africa had recommended the Lahey Clinic and friends had raised the funds to pay for the trip.

Mrs. Isabella Nieuwoudt, the 27-year-old wife of a farmer and mother of two children, spoke no English when she arrived here. At first, she was hesitant to learn the language, but when she realized that people were laughing with her rather than at her, she made an attempt. With the help of the nurses, she was soon able to carry on a conversation in English.

When asked what she thought of the food here, Mrs. Nieuwoudt said that it was similar to that eaten in South Africa but is served here in much smaller quantity. At home, both lunch and dinner are full course meat meals, including soup, meat (usually steak), potatoes, three and sometimes four vegetables, and dessert. The Nieuwouldts raise corn, wheat and peanuts on their farm.

On her last day here, Mrs. Nieuwoudt took a sightseeing trip by taxi and saw snow and ice for the first time. The sight of the ice-covered Charles River was something she'll never forget, and her first view of a subway impressed her. She was amazed that there were so many old buildings in Boston, but she thought that it was a "beautiful and charming city, especially the suburbs."

Another "first" for Mrs. Nieuwoudt was television. When asked by Mr. Lowry if she had any special requests before going home, she told him that she had always wanted to watch TV. Mr. Lowry immediately had her transferred to a private room, and the Brookline Music Company donated a set for her use. She spent her last evening in Boston watching television and "thoroughly enjoyed it."

Mrs. Nieuwoudt thought that the Deaconess was a very "warm" hospital and was impressed by the cheerful attitude of the staff and the personnel.

HEMATOLOGY CLINIC

The Cancer and Tumor Clinics are expanding to include an extra clinic the third Wednesday afternoon of each month. The Hematology Clinic will be under the direction of Dr. James Tullis.

Free examinations are available to all employees at the Tumor and Cancer Clinics, but appointments must be made in advance. The Clinics are open every Monday, Tuesday and Thursday afternoon, and also two Wednesday afternoons a month.

MEDICAL HONORS

Dr. Priscilla White was one of nine physicians to receive Elizabeth Blackwell honors recently from New York Infirmary for distinguished achievement in medicine. She was honored for her work on diabetes in childhood and during pregnancy.

1957 SENIORS

Welcome to the new girls who have entered the School of Nursing:

Ann Belcher	East Weymouth
Jean C. Bergfors	Malden
Judith L. Cargill	Derby Line, Vt.
Lenore Comstock	Dudley
Nancy E. Davis	Malden
Mary L. Egner	South Ryegate, Vt.
Joan B. Ellis	East Braintree
Sandra Flanders	Pittsburg, N. H.
Jean L. Foster	Framingham
Nancy Gould	West Newbury
Barbara J. Irving	Bridgewater
Ruth E. Jackson	Montclair, N. J.
Mary L. Landers	Brockton
Marilyn A. Lanzo	Revere
Phyllis Libby	Pembroke
Gail Marx	Holden
Patricia McGarry	Putnam, Conn.
Jane R. Merrill	Fitchburg
Marjorie A. Morison	Wellesley
Patricia A. Minott	Greenfield
Dorothy Pearson	Meriden, Conn.
Nancy Pickering	Scotia, N. Y.
Francina Reyes	Nantucket
Sally Sawyer	Madison, Me.
Carol A. Sveistys	Stoneham
Ann Talbot	Springfield
Ellen A. Thompson	Portland, Me.
Marilyn Warden	Fall River
Patricia Young	Hillsboro, N. H.

ALUMNAE MEETING

Senator Philip Bowker was the guest speaker at the annual meeting of the Alumnae Association on January 21. The following officers were elected:

President, Phyllis Roberts, '46; First Vice-President, Laura Cheney, '33; Recording Secretary, Muriel Raynor, '45; Treasurer, Katherine Manter, '24; and Directors, Ellen Howland, '42, and Lois Preston, '41.

Miss Susan Malm, medical technician, was elected first woman clerk of Middlesex County Grand Jury by her fellow jurors on January 4.

PINNING

Congratulations to the following girls who have received their pins upon completion of 1095 days in the School of Nursing:

Carolyn Borstel
Margaret Desjardins
Mary-ellen Gault
Phyllis Genson
Nancy Hero
Elizabeth Johnston
Helen Kelly
Dorothea Kohl
Elinor Larson
Gloria Lehtonen
Marion Lorraine
Marilyn Moore
Barbara Tracy
Jean Twiss

NEW NURSING CLASS. 1957 Seniors were recently welcomed to the Deaconess at a Tea in Harris Hall. Enjoying the afternoon's festivities are (left to right) Nancy Davis, Jane Merrill, Miss Mildred Newton, Director of Nursing, and Nancy Gould. Heidi Gould is serving.

ENGAGEMENTS

Miss Eleanore Marie Anderson, '51, to Mr. Edward H. Glennie. Mr. Glennie is a graduate of Gordon College of Theology and Mission.

Miss Jean Powell Marshman, '47, to Mr. James William Dickerson. Miss Marshman is now employed at the Veterans Administration Hospital in Providence, R. I. Mr. Dickerson is a graduate of Northeastern University.

Miss June Elaine Batchelder, '53, to Mr. John Robert O'Donnell. Mr. O'Donnell is a graduate of Massachusetts Institute of Technology and will enter the Air Force this spring.

Miss Joanna Cornell, '55, to Carl D. England, Jr., USN. Mr. England, a graduate of Dartmouth, is stationed at Officer's Candidate School for Naval Air Intelligence in Newport, R. I.

Miss Nancy Hilton, '55, to Mr. James Delmege, Jr. Mr. Delmege is employed at Lincoln Laboratory, Massachusetts Institute of Technology.

Miss Martha Florence Roberts, '54, to Pvt. Clark Weston Paige. A graduate of Wentworth Institute, Pvt. Paige is stationed at Fort Belvoir, Va. A June wedding is planned.

Miss Caroline V. Borstel, '54, to Mr. Edward F. Phillips. A graduate of the University of Maine, Mr. Phillips is an account executive for Simonds Payson Advertising Co., Inc. A summer wedding is planned.

Miss Ina G. Foster, Biophysics -CRI, to Ensign Donald Domey of Rock Island, Illinois.

WEDDINGS

Miss Beverly Ann Emery, '53, and Lt. Robert Willetts Chapman, USAF, at the First Baptist Church in Waterville, Maine. Lt. Chapman is a graduate of Massachusetts Institute of Technology.

Miss Janet Small, '51, and Mr. Richard A. Fitzmaurice, in Cranston, R. I.

Miss Bettina Terkelson recently returned from a conference on Financial Management and Accounting Control, conducted by the American Hospital Association. Delegates from 122 hospitals representing 38 states, Canada, Jerusalem and South America attended the meetings held at Hotel Knickerbocker, Chicago.